

## Darlington School Sport Partnership weekly activity timetable week beginning 22<sup>nd</sup> June 2020

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Day Theme	Theme & Activities	Competitions and Challenges
<b>Move It Monday</b>	Mass Dance Mayhem Week 3 <a href="https://we.tl/t-FRcIWzKa3A">https://we.tl/t-FRcIWzKa3A</a>	
<b>Challenge Tuesday</b>	<b>Football is Back!</b>  <b>2 x skills: Agility, Dribbling and Passing</b> Instructional videos will be posted on Facebook & Twitter	
<b>Well-Being Wednesday</b>	<b>National Children's Writing Day</b> Poetry (Primary) & Photography (Secondary) Competition 'Something that Makes you Smile'	Cultural Activity Poetry /Photography Competition 'Something that makes you Smile' Poster attached
<b>Try-It Thursday</b>	<b>Football is Back!</b>  <b>Football Factfile...</b> Find out 5 facts about your favourite team Choose your favourite football op or T-shirt & try the <b>Keepie Uppie</b> Challenge. How many can you do in 30 seconds/1 minute?	
<b>Feel Good Friday</b>	<b>Football is Back!</b>  Ball in a Bucket personal challenge. How many times can you kick the ball into the bucket? (or target)	

<b>Weekend Walk Out</b>	<b>Get the family out in the fresh air for a walk ...</b> how many things can you notice that belong in nature? What can you see, hear, smell, touch that is natural and not man-made?	
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